

Social Inclusion & Engagement in Mobility



Co-funded by the
Erasmus+ Programme
of the European Union

Un café avec Erasmus+ by AEF EUROPE
7th of December, 2021

SIEM Project

More opportunities in life for young people from disadvantaged background by increasing their participation in the Erasmus+ programme.



Widening participation of less advantaged and underrepresented groups



Increase the **interaction** between International students and **local communities of underrepresented groups** in order to increase intercultural exchange and visibility of international student mobility.

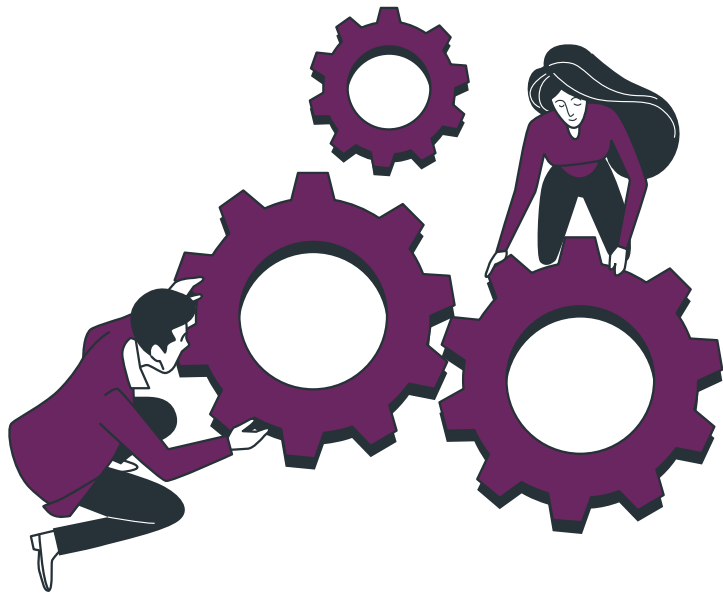


Making the Erasmus+ programme more **inclusive**



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SiEM Project partners



**Diverse
partnership**

European networks, &
Universities, National
Student Organisations

**Cross sectoral
collaboration**

higher education,
inclusion organisations
& youth work



Inclusion in Erasmus+ 2021 -2027

Inclusion as a **KEY** transversal principle in the programme

- **Inclusion Framework:** translating the legal base into a framework of instruments that are measurable.
- **Inclusion and Diversity strategy** :
 - Unified strategy that aims to create a shared structure for implementation across the Erasmus+ programme.
- **National Inclusion Action Plans**
 - Each National Agency will have to create a National Action plan
 - These will be yearly updated and monitored by the EC
 - First elaborate version expected by end of 2021
- **Central in Projects & Monitoring**

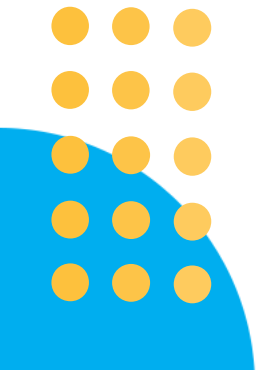
Changing narratives

Programme 2014 - 2020

- Social Inclusion
- Disadvantaged students
- 7 categories

Programme 2021 -2027

- Inclusion & Diversity
- Students with fewer opportunities
- 8 barriers highlighted



Erasmus+ mobility by disadvantage status

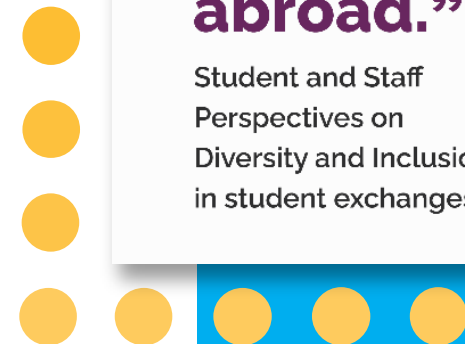
Economic obstacles	9%
Cultural differences	5%
Social obstacles	4%
Geographical obstacles	3%
Health problems	3%
Educational difficulties	2%
Disability	1%

Between 2014 and 2018, two million students and staff in higher education undertook a learning, training or teaching period abroad with the new Erasmus+ programme

Source: Erasmus+ Higher Education Impact Study

“Maybe it will be different abroad”

Key results of the research report
Student and Staff Perspectives on
Diversity and Inclusion in student
exchanges

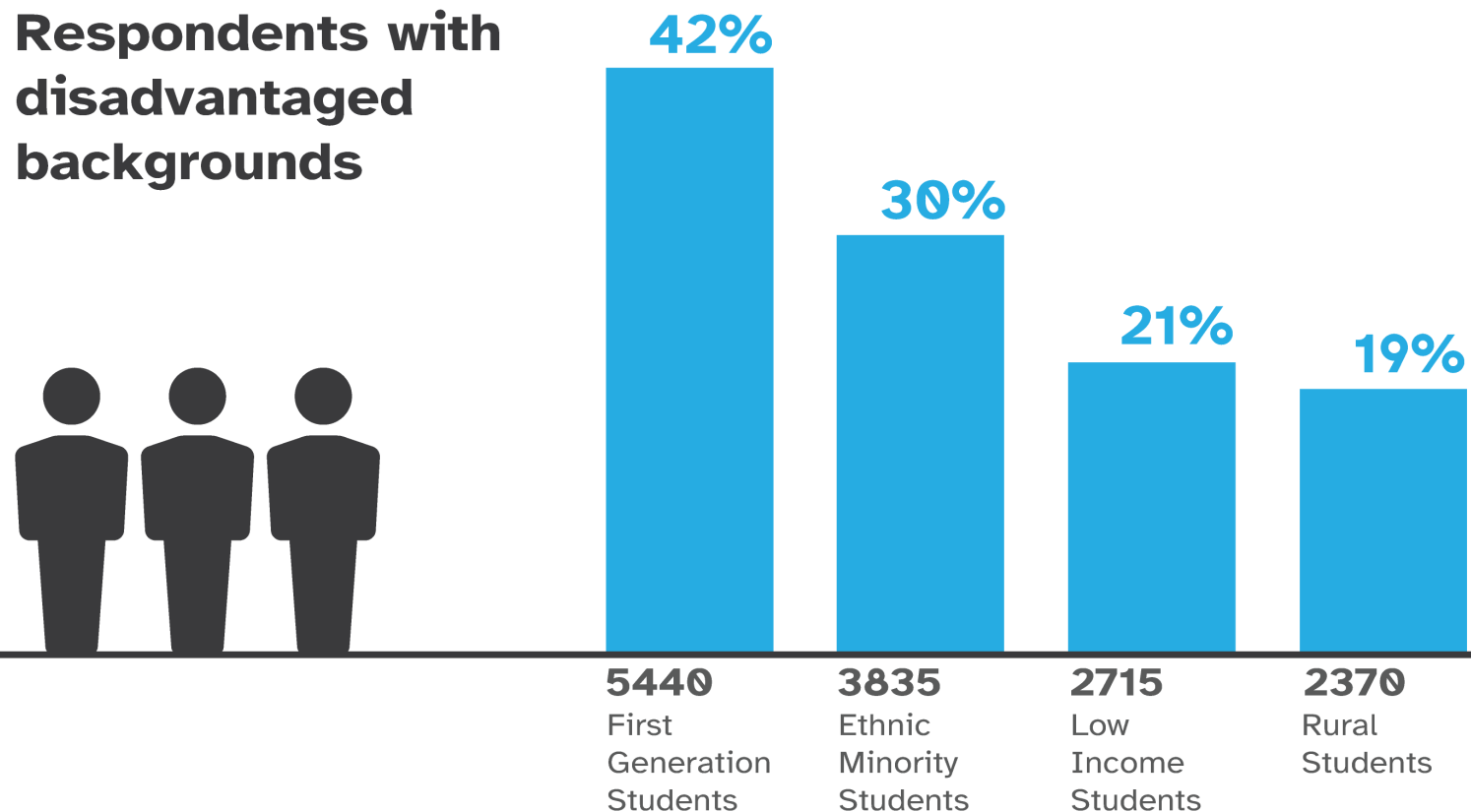




Methodology

- **Student survey**
(12,820 responses)
- **Staff survey**
(786 responses)
- **Focus Groups**
6 focus groups with 36 students in 4 countries
- **Study visits**
6 institutions

Defining students with fewer opportunities



Mobility strategy

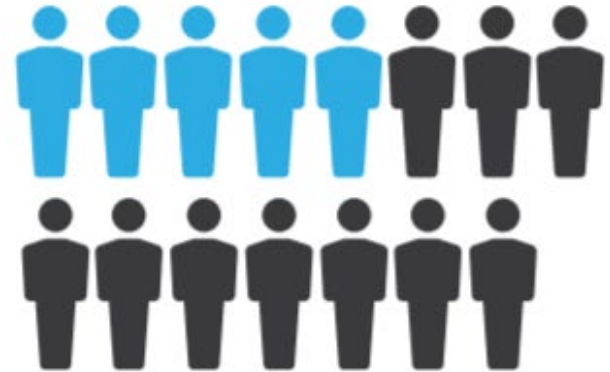


93%

of staff survey respondents said their institutions' **strategic plans include outgoing mobility.**

1/3

included reference to **disadvantaged groups** in their strategy.



Two thirds of institutions reportedly have a “Diversity and Inclusion Strategy”


Response	All	Group 1	Group 2	Group 3
Yes	67%	93%	69%	39%
No	30%	1%	28%	58%
Total	765	65	500	105

Q. Does the institution have a Diversity and Inclusion Strategy?

Group 1 - Programme countries with higher living costs (Denmark, Finland, Iceland, Ireland, Luxembourg, Sweden, United Kingdom, Liechtenstein, Norway)

Group 2 - Programme countries with medium living costs (Austria, Belgium, Germany, France, Italy, Greece, Spain, Cyprus, Netherlands, Malta, Portugal)

Group 3 - Programme countries with lower living costs (Bulgaria, Croatia, Czech Republic, Estonia, Latvia, Lithuania, Hungary, Poland, Romania, Serbia, Slovakia, Slovenia, North Macedonia, Turkey)



*“The bureaucracy :
the pile of information
raises even more
questions.”*

*“Lots of forms and papers
to fill, the information was
structured badly...”*

- student quote



**Administrative barriers
make the process difficult to
follow**



Access to Financial support



of students reported advancing initial costs to be a barrier to participate in mobility.

"I am someone who has to combine five jobs to pay for my room and studies."

"I have to spend everything I earn immediately. Saving for Erasmus is therefore extremely difficult."

- student quote

Finance continues to be a major barrier to students accessing mobility programmes, and this barrier is compounded for students from less advantaged backgrounds.

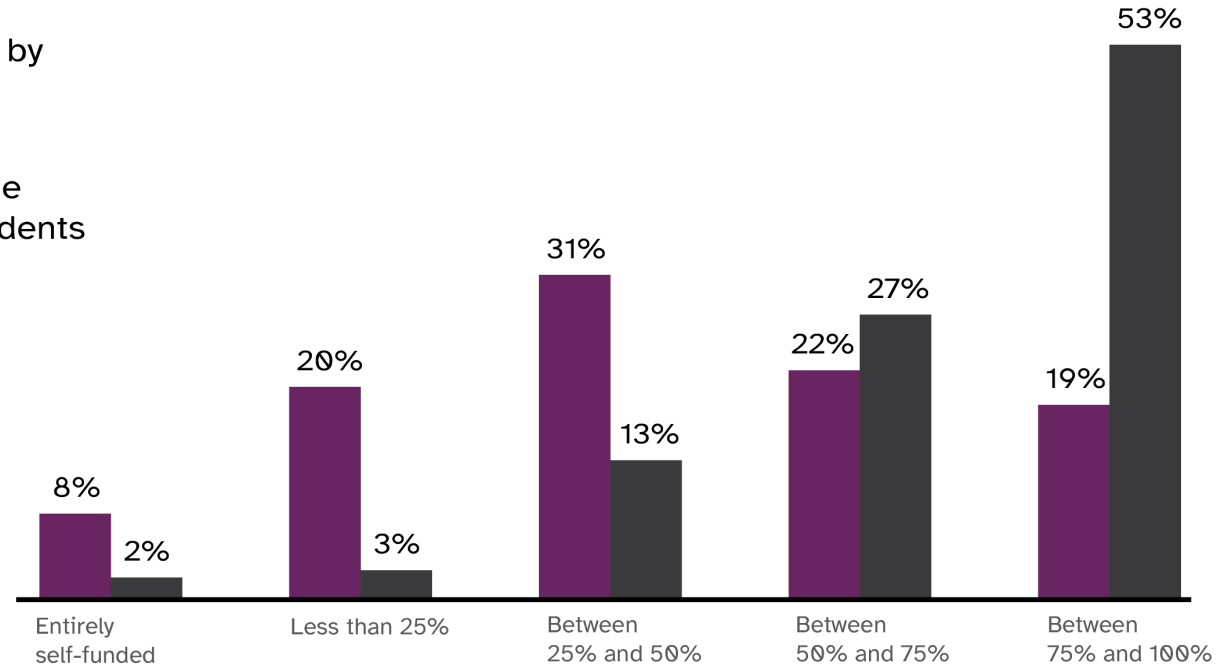
Financial support offered versus needed



Actual grant coverage by mobile respondents



Needed grant coverage by non-mobile respondents



59%

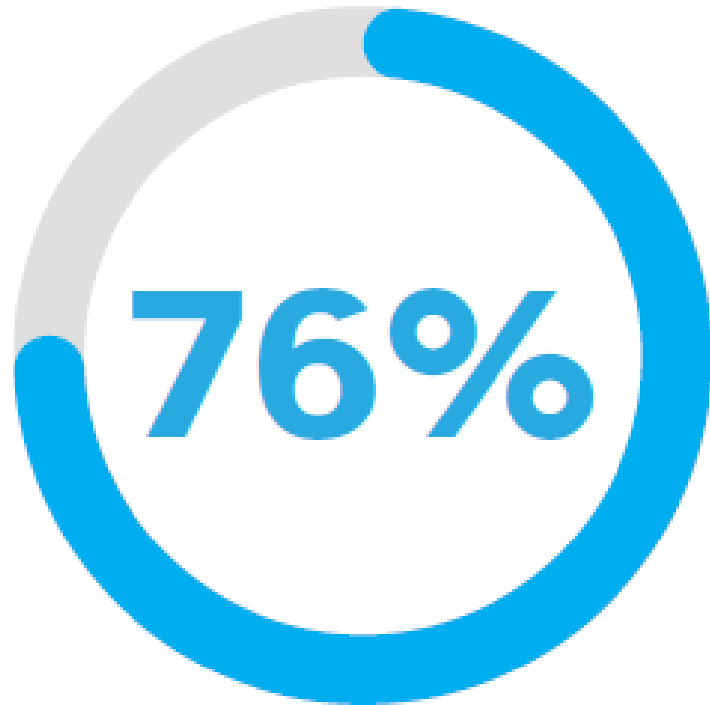
received less than 50% financial support

80%

indicated they would need more than 50% financial support

According to the Erasmus+ Annual report 2017, only 7% of students from disadvantaged backgrounds received an additional top-up, while according to the answers from the staff survey (research), 25% of universities offer targeted support for students from low-income households.

Student impressions: Inclusion & Equality of international students



had **positive** experiences while abroad.

24%

reported experiencing some form of discrimination while abroad on a mobility programme compared to home students.

10%

of students felt that they were treated differently or unfairly at their host university

15%

felt that they did not have equal access to resources and opportunities compared to home students.

16%

experienced discrimination based on nationality

6%

reported experiencing discrimination on the basis of race or ethnicity

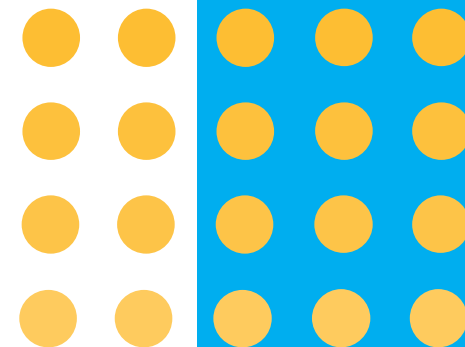
5%

Reported experiencing discrimination on the basis of gender



Recommendations

Highlighted key recommendations for institutions.



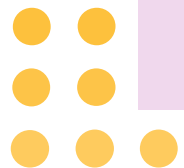
Define 'fewer opportunities'



How to define which students within the local reality of your institution. **Discuss** them with your **National Agency** for the definitions in **National Action** plans.

Higher Education Institutions & International Student Organisations

- Is there local research available that analyses local realities? Check with the local city's youth department.
- Check with the registration / student services department; they might know the profiles better.
- Discuss with students directly : engage your local student councils / organize focus groups



Diversify programme offer

Offer different types of mobility programmes across study, work and volunteer opportunities that will appeal to different student groups.



European Commission

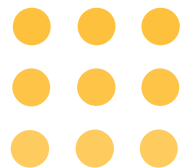
- Ensure short term mobilities are embedded in the internationalisation strategy.

National Agencies

- Ensure short term mobilities are embedded in the internationalisation strategy

Higher Education Institutions

- Offer different mobility programmes with a variety of durations.



Encourage student engagement



Collect student input

Collaborate with student groups at your institution, as well as mobility alumni to improve the programmes on offer.

- Include students in the strategy development
- Structural support for students

peer to peer initiatives

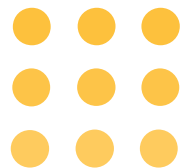
Connect mobile students with local students to help students navigate the new institution or organisation, as well as the local area.

- Support peer to peer initiatives
 - Organise buddy and ambassador systems
 - Organise community engagement initiatives

Safe space to signal concerns

Create a safe space where the student can discuss their fears without judgement, and if needed seek specialist advice to respond to the students' queries.

- Clear com. channels and reference persons
- Organise feedback sessions



Provide support for students



Contacts

Assign students a key contact, both at the home institution and the host institution. Any support given to students should be provided in English or a shared language.

- Ensure that services are accessible and equal treatment is guaranteed.

Finances

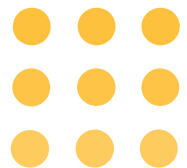
provide structured funding in the form of grants and scholarships to support study, work or volunteering abroad opportunities.

- Ensure transparent procedures and info (cost of living abroad, work opportunities)
- Apply top-up for fewer opportunity students

Develop Crisis plan

Prepare to support students in an emergency, signpost transparent procedures and contact points in case negative experiences do happen.

- Ensure crisis plans take into account internationals
- Signpost procedures and contact point



Guidelines for Inclusive Mobility Promotion

Supporting in- and outbound
student mobility



Guidelines for Inclusive Mobility Promotion

Handbook developed for
International Relations Offices
working with in- and outbound
student mobility, primarily within the
Erasmus+ programme.

The Guidelines focus on how to make
your **mobility promotion** more
inclusive and **reach more students**.



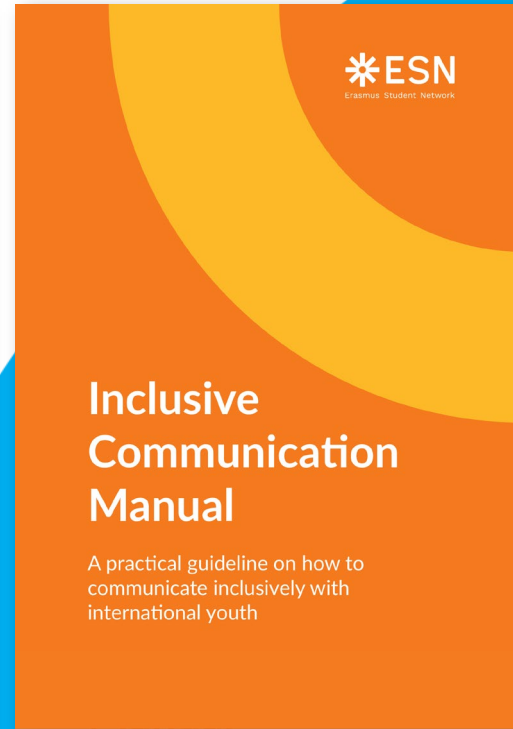
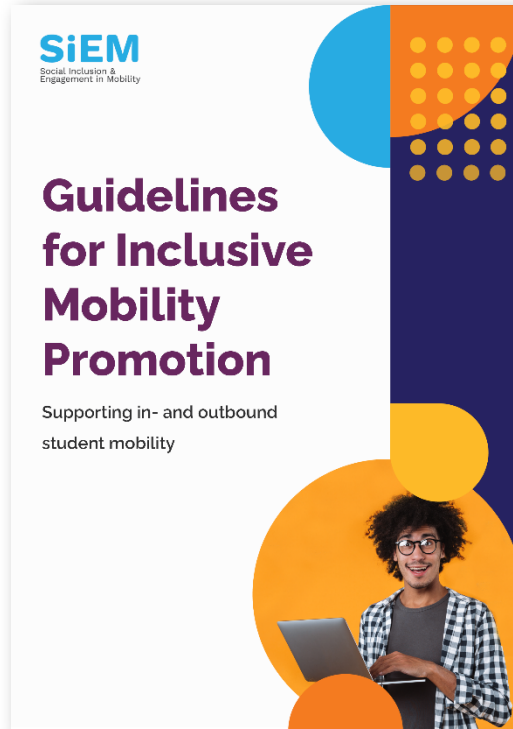
Inclusive Communication Manual

A practical guideline on how to
communicate inclusively with
international youth

Inclusive Communication Manual

A practical guideline on how to communicate inclusively with international youth for written, spoken and visual communication.

This manual focus on how to make general **communication** more **inclusive** .

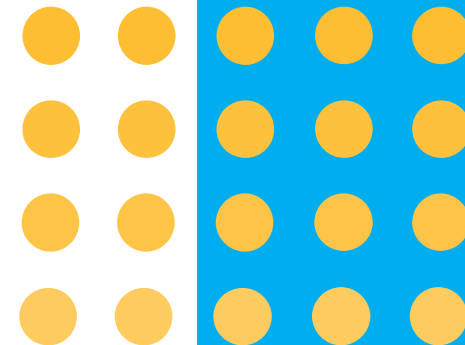


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Please refer to the research report as:

Allinson K., Gabriels W.,(2021). Maybe it will be different abroad; student and staff perspectives on diversity and inclusion in student exchanges. SIEM Research Report, siem-project.eu

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